

20 Minute three-dimensional Heart

This pattern is for a 6cm tall heart with 15 rounds of SC.

You can however adjust the pattern to create a heart as big, or small, as you like by adding more rounds, or leaving rounds out.

What you need:

Yarn of your choice, you don't need much, so this is a perfect project for scraps.

Crochet hook, size is dependant on the yarn you use.

2 Stitch markers

Knitters needle, for sewing in ends.

Scissors

Stuffing, I buy micro fibre filled pillows, as it's much cheaper than buying actual stuffing.

Tutorial

Round 1

Begin with a magic circle and work 6 SC into it.

Pull the circle closed.

*(Insert hook into first SC, YO, SS, YO, SS again), this is how I end rounds on all my three-dimensional projects.

I find it creates a nice flat seam, you can leave the second YO, SS out if you prefer.

Round 2

1 SC, 3 SC into following ST (increase) [insert stitch marker into the second increase ST], 2 SC, 3 SC into following ST (increase) [insert stitch marker into the second increase ST], 1 SC.

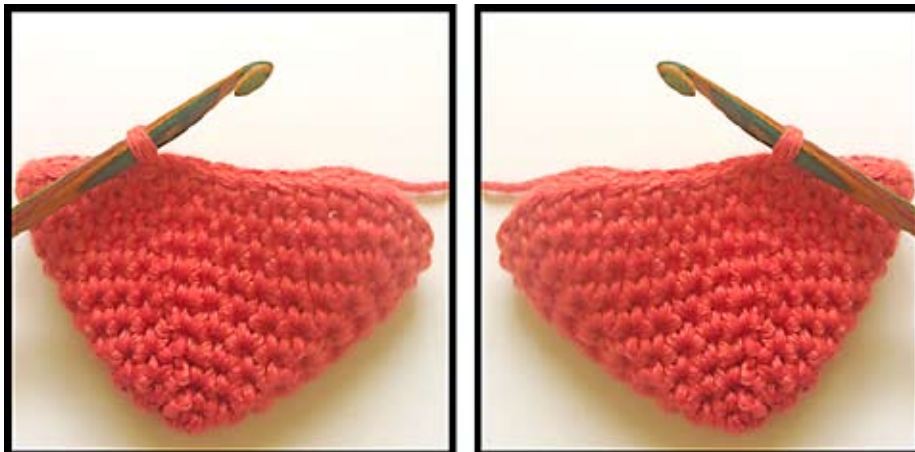
Close round with *

Round 3-8

Continue in the same manner as in **Round 2** always increasing by 3 SC into the marked STs of the previous round. When counting STs you should be increasing each round by 4 SC, so at the end of **Round 2** you will have 10 ST, then 14, 18, 22, 26,30, and finally 34 in **Round 8**

Round 9-10

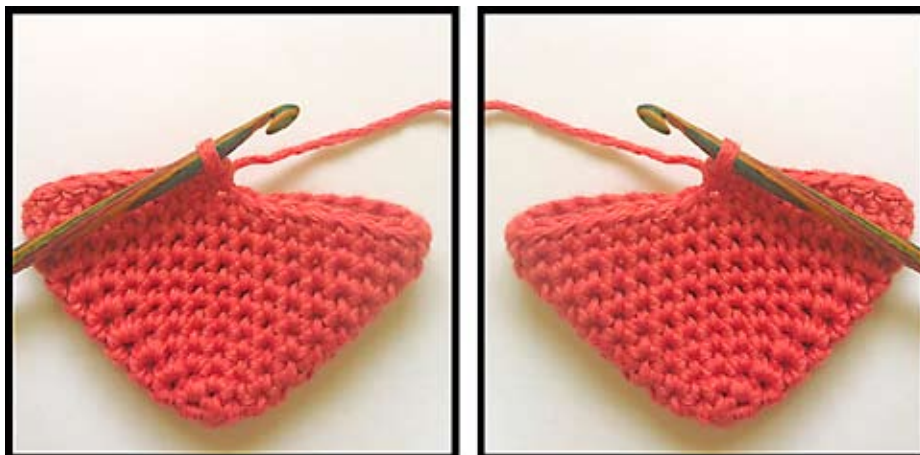
34 SC, finish each round with *



This is what it should look like at the end of **Round 10**.

Round 11

This is the beginning of the top of the heart.
17 SC, turn without turning CH



Round 11

Because you didn't add a turning CH at the end of the last round you will now have 16 working ST in this round.

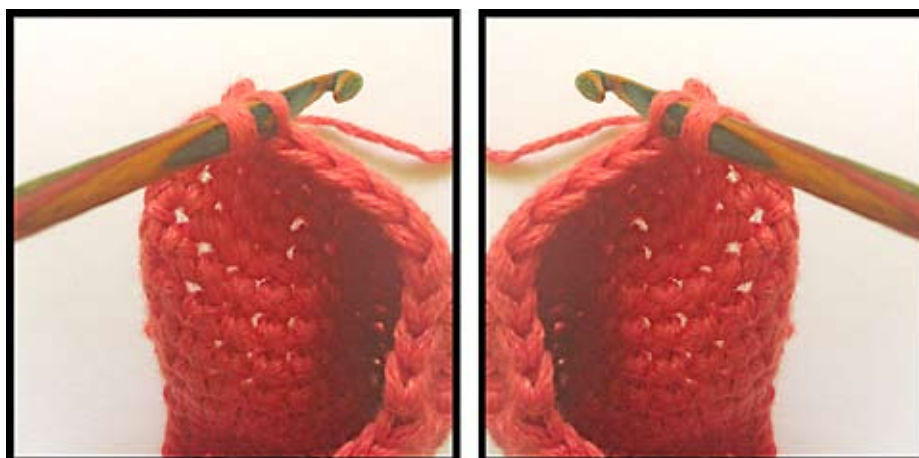
You will notice that you cannot place your first SC into the last SC of **Round 11** because of the lack of turning CH.

Place 1 SC into each of the next 7 SC and then make 1 decrease by joining SC 8 and 9.

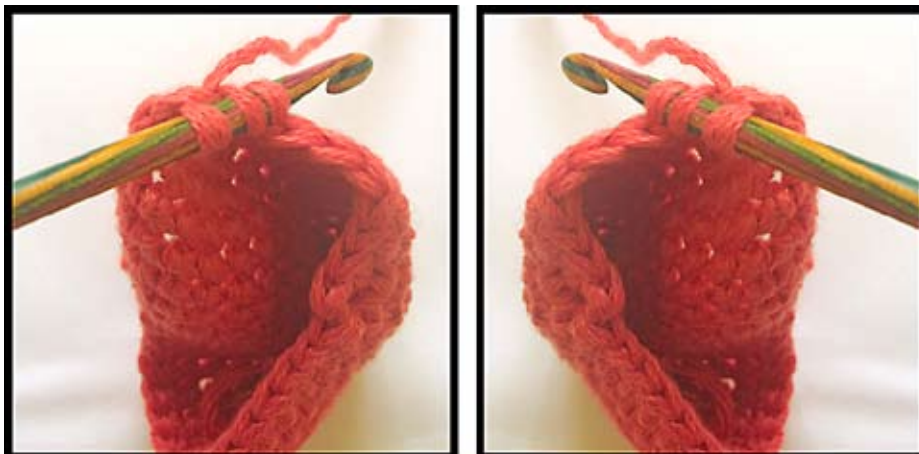
I use the invisible decrease method, which I am going to show you now.

This particular one is for working on the wrong side.

Insert the hook into the back loop of SC 8. Do not YO.



Insert the hook into the back loop of SC 9. You now have 3 loops on your hook.



YO and pull the yarn through 2 loops on the hook. You now have two loops remaining on the hook. Complete the ST like a normal SC.

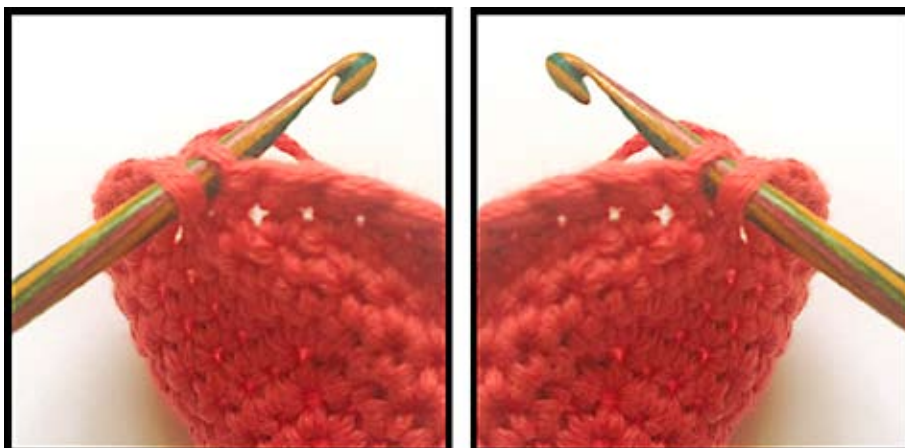


Complete the row with SC, turn without adding a turning CH.

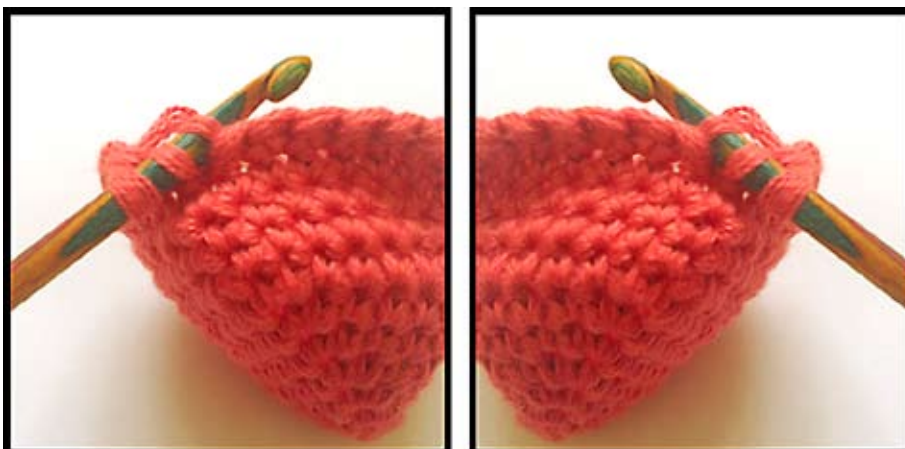
Round 13

6 SC, decrease 1. As you are now working in the other direction the decrease is slightly different, I am now going to show you how to do it for the right side.

Insert the hook into the front loop of SC 7. Do not YO.



Insert the hook into the front loop of SC 8. You now have 3 loops on your hook.



YO and pull the yarn through 2 loops on the hook. Complete the ST like a normal SC. Complete the row with SC, turn without turning CH.

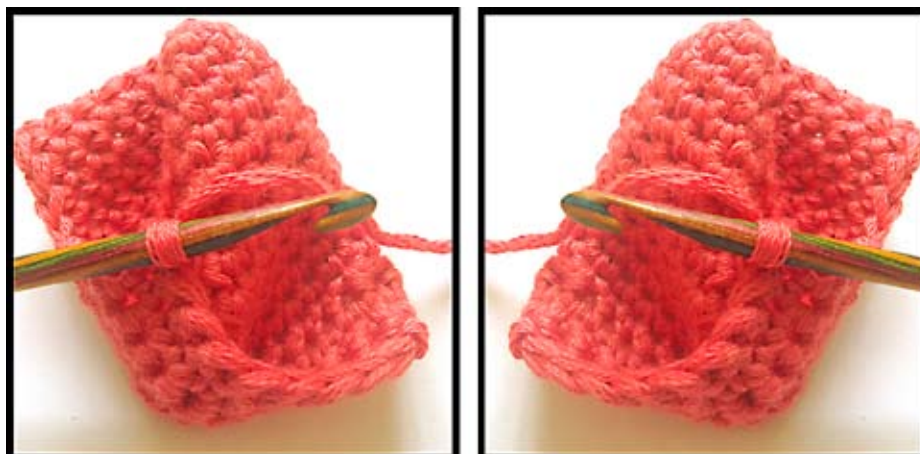
Round 14

5 SC, decrease 1 (wrong side), complete the row with SC, turn without turning CH.

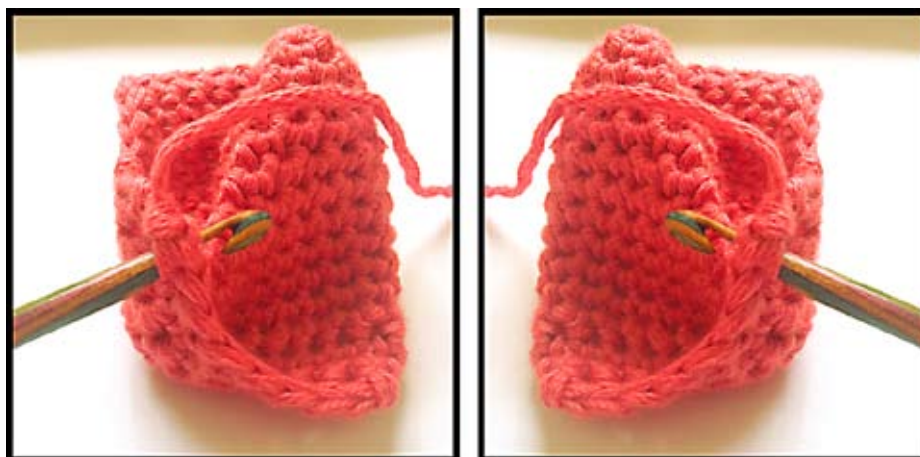
Round 15

4 SC, decrease 1 (right side), complete row with SC.

To close off the top of the heart turn it inside out, with the hook still in the loop.



Insert the hook into the first ST of the row. Do not YO.



Now insert the hook through the last ST of the row. YO and SS.



Complete 3 more SS in the same manner and finish off with SS. Cut the yarn.

Join yarn to next ST in **Round 10** and follow the directions for **Round 11-15** to complete the second top half of the heart.

This is what your un-stuffed heart should look like from the back



and from the front.



Notice the slight seam in the back.

Now you need to sew up part of the central opening, it makes it easier to stuff the heart. Join a piece of yarn to the top of the opening and sew up the opening by threading the needle through one ST on each side at a time (the STs are easy to find, just thread the needle through each consecutive hole). Make sure you sew quite tightly, so that you are not left with gaps. Stop sewing when you reach the centre of the opening but don't cut the yarn.



Now you need to stuff the heart. Push the stuffing into the heart through the opening and then use your finger to push it up into the opposite top part of the heart. You need to fill this part up first, otherwise you won't get it firm enough later.

The heart should be firm to the touch but still have a bit of give once it is filled.



Sew up the rest of the opening.

Now I'm going to show you how to sew in the end and add a loop to the heart so you can use it as an ornament.

Step 1

Insert the needle into the heart through the little 'hole' formed by the STs. Push the needle out through another 'hole' a little distance away.



Step 2

Insert the needle between several STs in a row. The needle should be lying between the strands of yarn that make up the post of the SC ST.



Repeat the two steps several times. Work your way to the centre of the heart as you go along. Make sure you do not pull the yarn too tight. You should not be able to see the yarn.

When you've reached the centre of the heart draw up a loop and re-insert the needle into the centre.

Make a knot by placing the yarn over the loop and threading the needle between the loop and the working yarn, as shown in the photo.



Make three or four knots in this manner and then cut the yarn with a little bit of an end to it.

And there you go, one heart done!

